

CELL PHONES AND YOUR TEEN



PARENT TECH TALK WORKSHOP

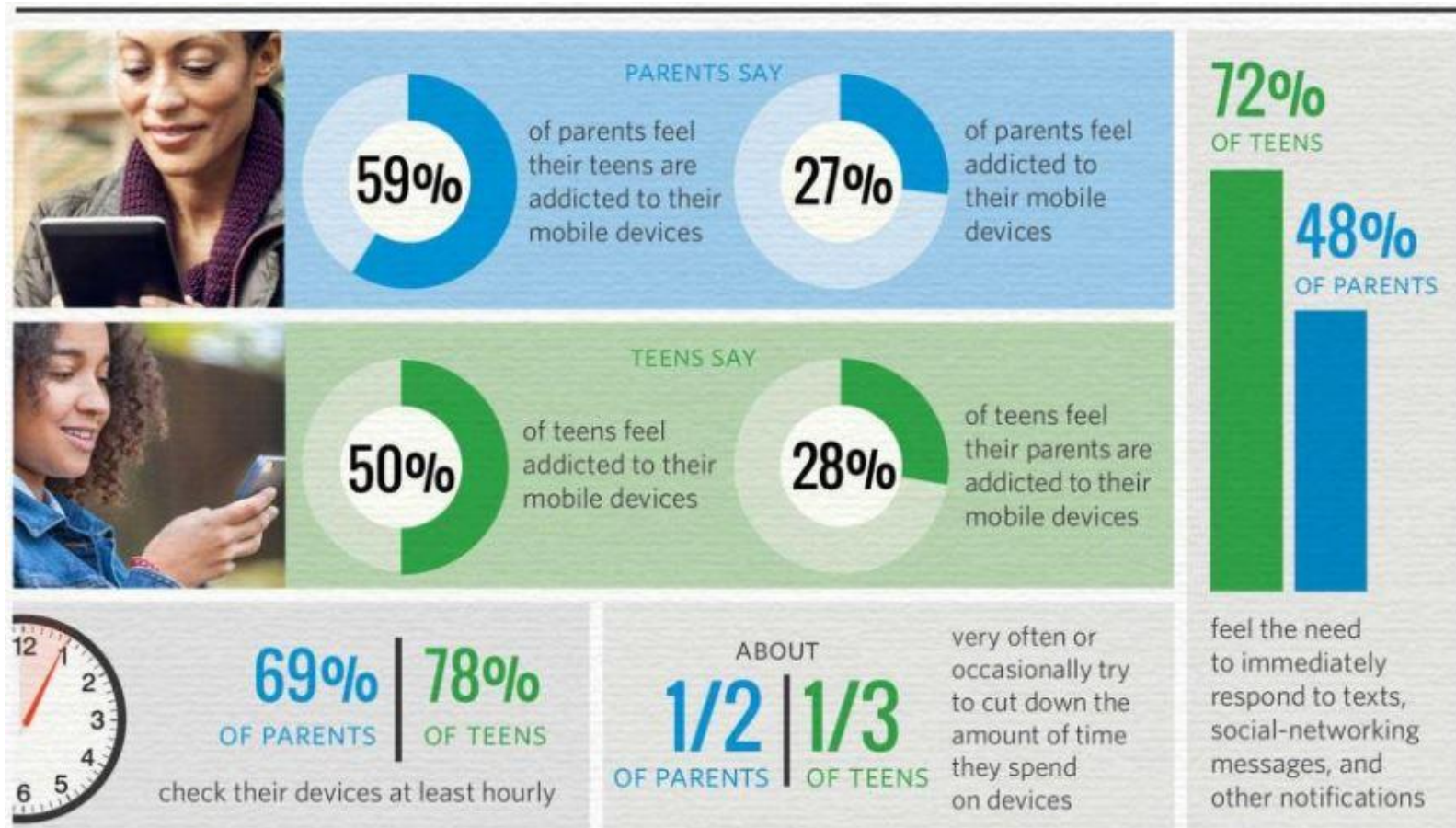
What All Parents Should Know



Boone County Detective, Tracy Watson

Dealing with Devices

The Parent-Teen Dynamic



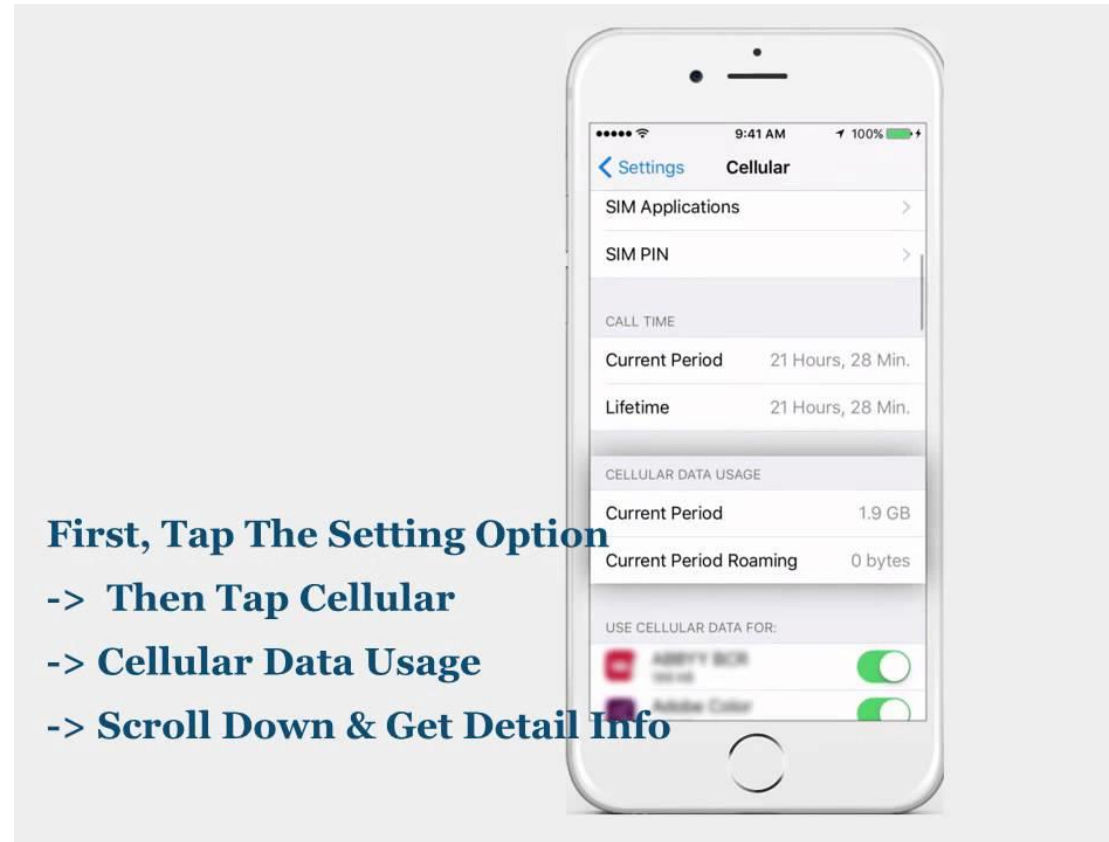
Are We Addicted?

5 Cell Phone Tips



1. Talk about the stupid things people do
2. Remind teenagers that posting online is like putting it on a billboard
3. Have a rule about when mobile phones get put on charge and where
4. Challenge young people about what they share
5. Put them on training wheels to start with

Cell Phone Usage



***Settings->Battery: Shows battery use on each app**

Setting Age Restrictions

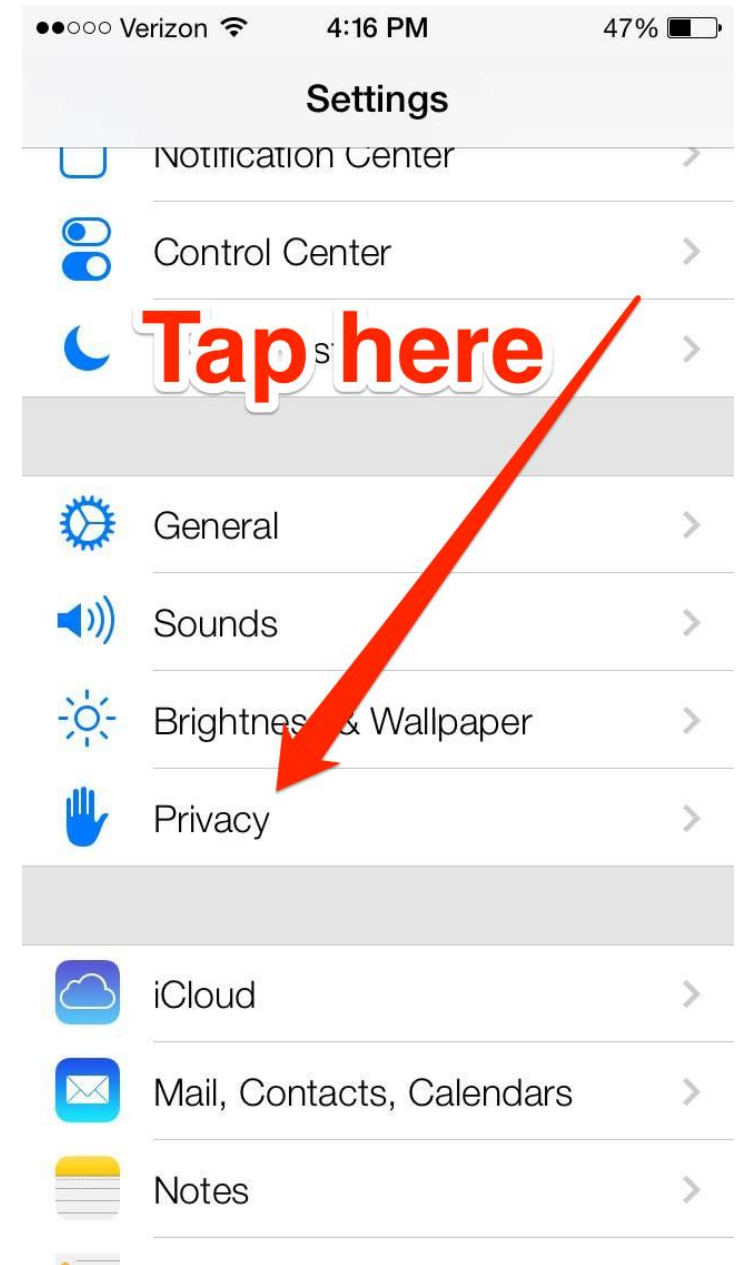


Tap Settings > General > Restrictions. Scroll down and tap Restrictions, then tap Enable Restrictions.

Create a Restrictions passcode. You need your Restrictions passcode to change your settings or to turn off Restrictions.

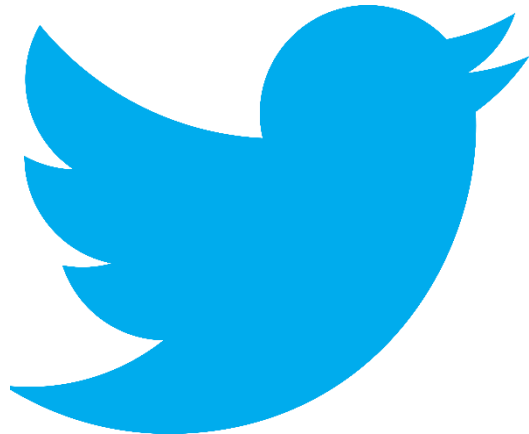
Privacy Settings

Disable GPS features on phone and always check the privacy setting after each update



Social Media

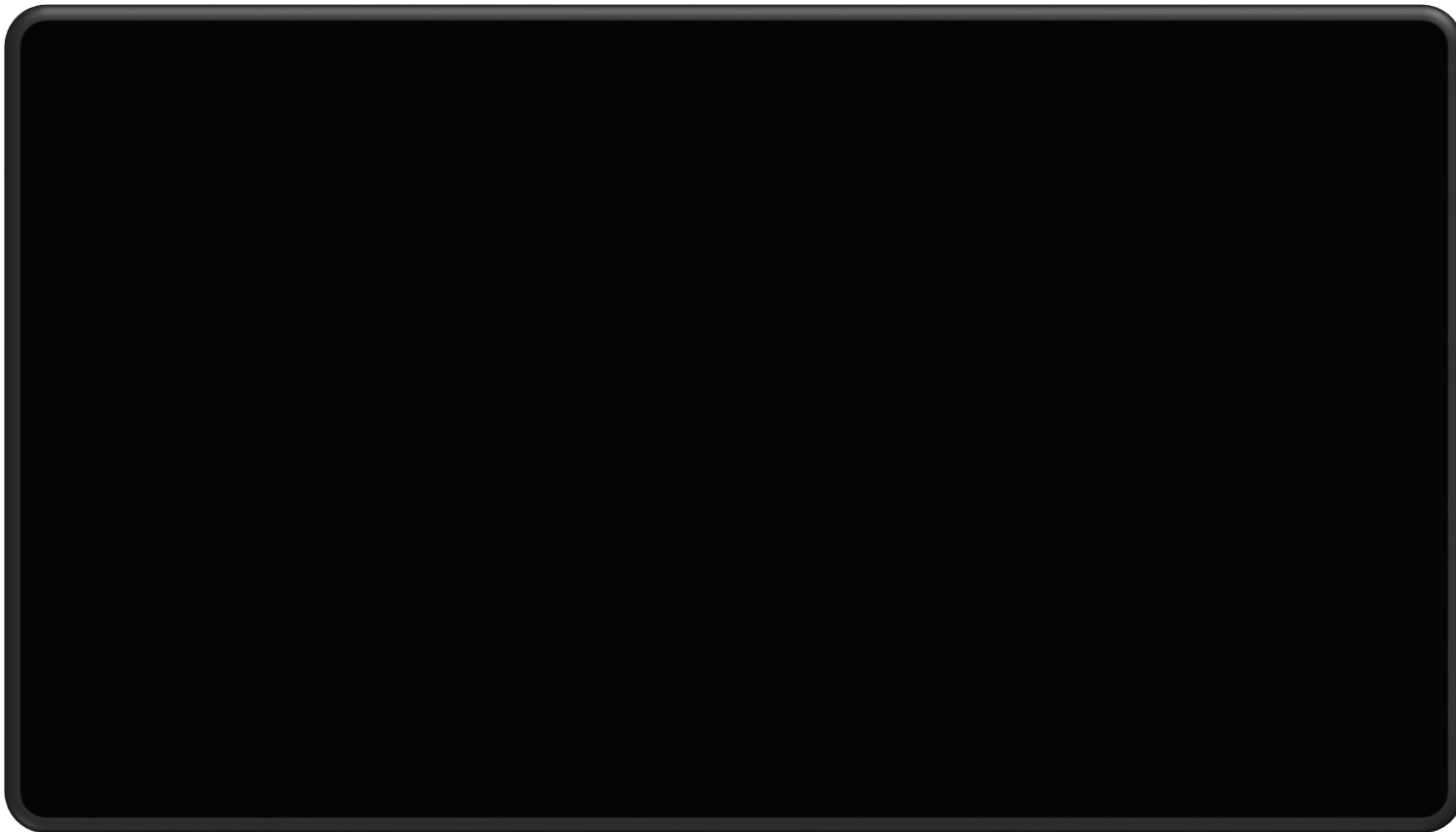
Social media refers to websites and apps that allow people to interact with others, or create and share content. Popular social media platforms for youth include Instagram, Twitter, Snapchat, and YouTube



You

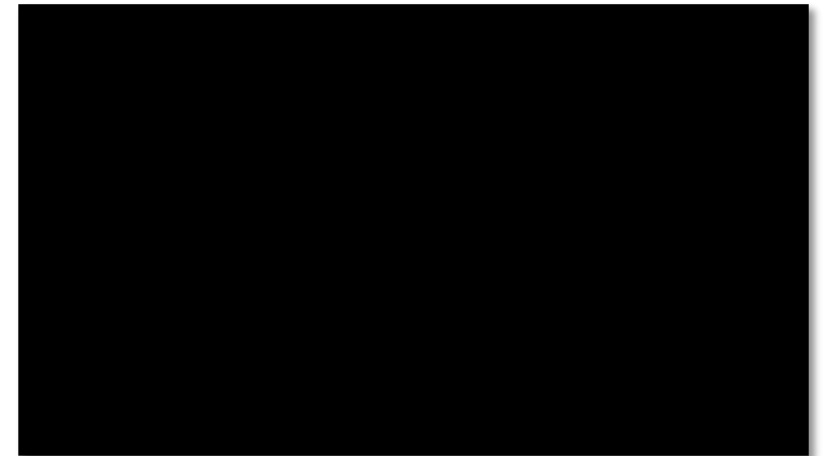


How to Check for Hidden Apps



https://youtu.be/LdmY0OC_Ea4

How to Hide Apps



https://youtu.be/HNkyp_UwFy8

Instagram



Follow these five guidelines:

- Use privacy settings.
- Think before you post.
- Be respectful.
- Call out [cyberbullying](#) if you see it.
- Know that anything you post online can be hard to take back and can be shared and used in ways you didn't intend.

Twitter

Website review by [Susan Yudt](#), Common Sense Media



Common Sense says



age 15+



Fun social tool, but use the privacy controls.

Snapchat

App review by [Chris Morris](#), Common Sense Media



Common Sense says



age 16+

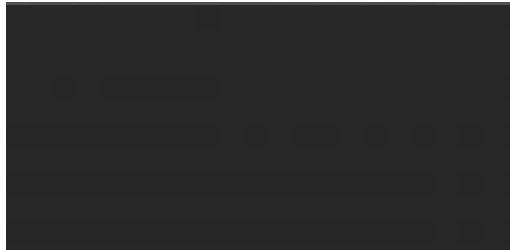


Send moments in photos, watch curated content; use wisely.

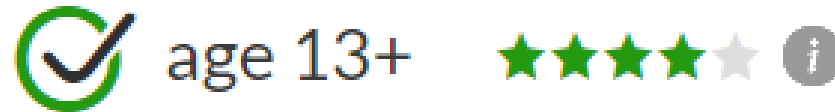
iPhone, iPod Touch, iPad, Android | Free | Photo & Video

YouTube

Website review by [Conny Coon](#), Common Sense Media



Common Sense says



Vast video site entertains, educates; iffy stuff abounds.

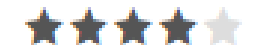
<http://www.youtube.com/>

Save | Rate website

[Sign in or join](#) to save for later






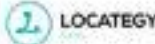

Parents say

age 12+



Based on [234 reviews](#)

Monitoring software

Product	Qustodio	Kaspersky Safe Kids	Symantec Norton Family Premier	Net Nanny	Boomerang	Locategy	FamilyTime Premium
							
Lowest Price	\$49.95 Qustodio SEE IT	\$14.99 Kaspersky Lab SEE IT	\$49.99 Norton SEE IT	\$39.99 ContentWatch SEE IT	\$12.00 MSRP	\$20.00 MSRP	\$27.00 MSRP
Editors' Rating	★★★★☆ EDITORS' CHOICE	★★★★○	★★★★○	★★★★○	★★★★○	★★★★○	★★★○○
Limit on Children / Devices	5 / 5	None	None	1 / 1	1/1	3/3	1/1
Free Version	✓	✓	—	—	✓	✓	✓
Supports Windows	✓	✓	✓	✓	—	—	—
Supports macOS	✓	✓	—	✓	—	—	—
Supports Android	✓	✓	✓	✓	✓	✓	✓
Supports iOS	✓	✓	✓	✓	✓	✓	✓
Content Filtering	✓	✓	✓	✓	✓	✓	—
Geofencing	—	✓	—	—	✓	✓	✓

Helpful websites for parents

[Parental Apps list](#)

[Hide apps for your iPhone, iPad, iPod touch, or Mac](#)

[What parents should know about Snapchat](#)

[Cell Phone Parenting](#)

[Common Sense Media](#)

[Essential Apps Guide](#)

[10 things parents and kids should know about the SnapChat app](#)

[Everything You Need to Know About Parental Controls](#)

[A Parents Ultimate Guide to YouTube](#)

[12 YouTube Challenges Your Kid Already Knows About](#)

[The Most Dangerous Apps of 2017](#)

[How to find most recently deleted apps on your iPhone](#)

[13 recommended iPhone Settings You Should Change](#)

Welcome to being a parent of a teenager. Prepare for a large amount of eye rolling, emotional outbursts, & thoughts of running away. And that's just the parents.



somee cards
user card

Thank you for joining us today!

Have questions? Need access to presentation?

Email Kristen Franks at

Kristen.franks@boone.kyschools.us

Access *Parent Tech Talk* materials at:

